




Family Coffee & Conversation with the Belle View Wellness Team

1/28/2025



AGENDA

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School Counselor
Introduction

02

School Social
Worker
Introduction

03

School
Psychologist
Introduction

04

Resources

05

Q&A



01
**School
Counselor
Introduction**

About Me



- Ms. Mary Sheckels
- This is my fourth year at BVES and as a school counselor
- I got my Bachelor's degree in Social Work
- I have always worked with children and adolescents, including working in a group home and being an ABA assistant at the Ivymount School
- I got my Masters degree in Counseling with a specialization in School Counseling
- In my spare time you can find me finding any excuse to go to the beach, paddle boarding, scuba diving, spending time with my family, and spending time with my dog Lyla!



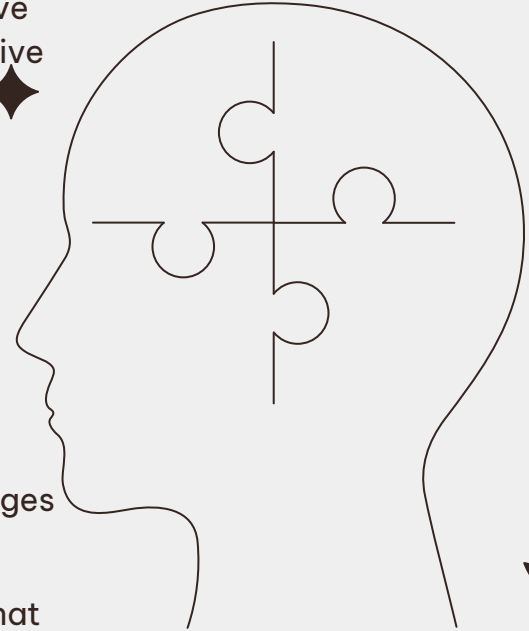
My Role - School Counselor

School Counselors are... certified/licensed educators who improve student success for ALL students by implementing a comprehensive school counseling program.

The duties you will see me doing most often include:

- Monthly school counseling classroom lessons based on student success standards
- Short-term counseling to students
- Small group counseling
- Collaboration with families/teachers/administrators/community for student success
- Data analysis to identify student issues, needs, and challenges
- 504 Plan Coordination

And more! I have resources up front for anyone to take a look at that talks more about how I can support your students.





02

School Social Worker Introduction

About Me



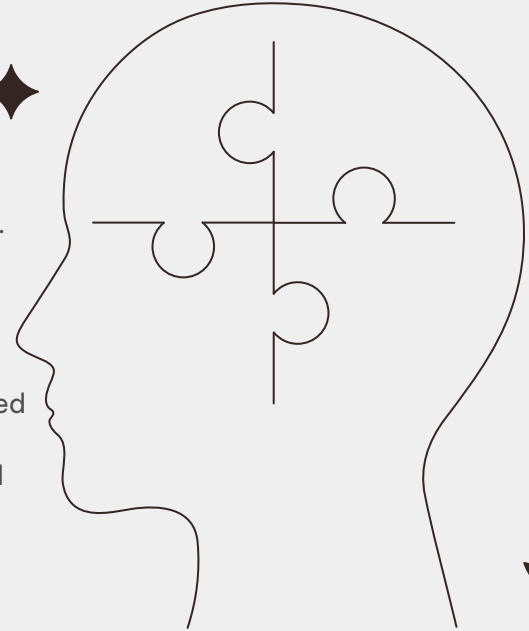
- Rose Walton, LCSW
- This is my 13th year with FCPS, 8th year at BVES as a school social worker.
- I have a Bachelor's degree in Sociology from the University of Washington and a Master's degree from Virginia Commonwealth University.
- My background is in child welfare and I worked for Fairfax County DFS for 9 years.
- In my free time, I enjoy spending time with my family, trying new restaurants and traveling.

My Role - School Social Worker

School social workers... Serve as liaisons between home, school, and community. We assess and address social, emotional, and behavioral factors that may stand in the way of students learning and doing their best.

Some of my duties include:

- link students and families to community resources to address issues such as poverty, homelessness, chronic absenteeism, trauma, and child abuse.
- Conduct sociocultural assessments to assist in determining eligibility for special education or Section 504 services.
- Provide crisis interventions, including suicide risk assessments and threat assessments.
- Provide individual and group counseling to students, using evidence-based practices.
- Participating in student-centered meetings to address academic, mental health, and behavioral needs of students.





03

**School
Psychologist
Introduction**

About Me



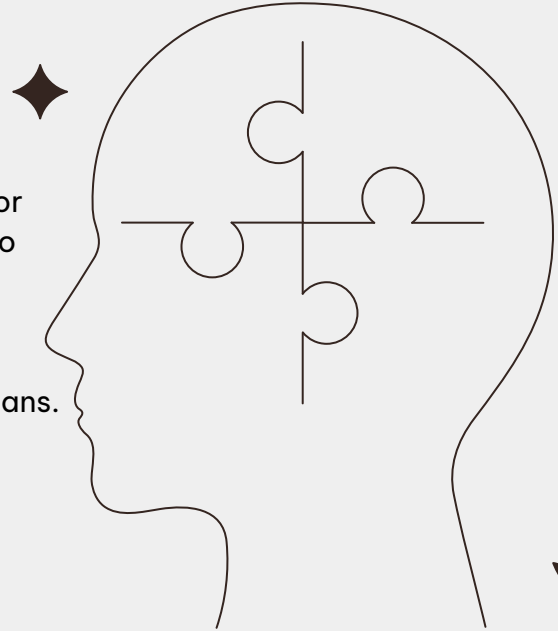
- Ms. Ukindra Johnson
- This is my 20th year as a school psychologist with FCPS, and 6th year at BVES.
- I have worked at both the elementary school and middle school levels with FCPS.
- I received my Masters degree and Certificate of Advanced Graduate Study in School Psychology.
- In my free time, I enjoy reading, working out, and spending time with family and friends.

My Role - School Psychologist

School Psychologists are...licensed mental health professionals who work in schools to support student's academic success, social-emotional development, and mental health.

Some of my responsibilities include:

- Administer psychological evaluations to determine eligibility for special education services and interpret assessments results to parents and school staff.
- Provide individual and group counseling services.
- Perform functional behavioral analyses and assists in the development and implementation of behavioral intervention plans.
- Provide crisis intervention for students, which may include risk assessments, safety contracts, and/or making referrals.
- Consult with school staff and parents regarding academic, behavioral, and social-emotional interventions and supports.
- Serve as a member of an FCPS Crisis Team.





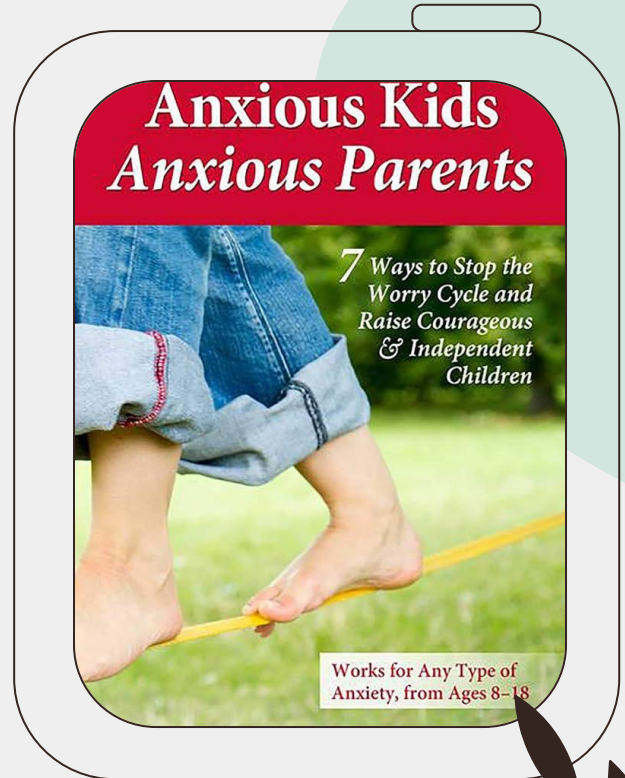
Mental Health and Wellness Resources

Resource Topics in the Brochure Wheel Include:

- School Counselor Role and Responsibilities
 - Anger Management
 - Behavior Charts at Home
 - Bullying
- Supporting Students through Divorce
 - Helping Students Focus
 - Mindfulness
 - Separation Anxiety
- How to Help Students with Stress
 - Trauma and Children
 - Excessive Reassurance
 - Perfectionism
 - Autism
 - Healthy Friendships
 - Grief
- Improve School Attendance

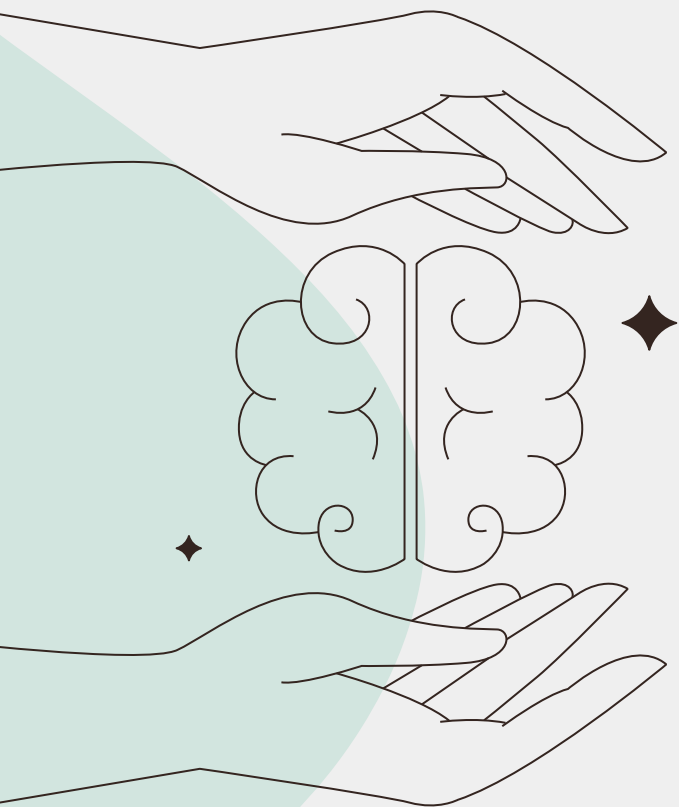
Book Resource

Copies of “Anxious Kids, Anxious Parents - 7 Ways to Stop the Worry Cycle and Raise Courageous and Independent Children



Q & A





Thanks!

Do you have any questions or concerns?

Reach out to us!

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